

Saiful Rizal's

Inspired Action Coaching Program

Module **2**

The Gratitude Altitude

*The Two Most Overlooked Paradigms That
Made Me \$3000 In A Day That You Can Start
Using Now To Do The Same... Or Better!*

"From Procrastination To Your Million Dollar Idea!"

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The Gratitude Altitude

"Hey Saif! I had another home sale today and an unexpected pay raise!!!! My sales manager and general manager called me in and gave me this raise and I was so surprised and happy. I guess I shouldn't be so surprised huh? Thanks for all the great motivation and encouragement!!!!"

I am so happy and grateful that one of my coaching clients, Kathy attracted such a miracle in within a month of my coaching! =)

Did you see what I just did?

Look closer.

"I am so happy and grateful that..."

In the next few minutes that we spend together, I am going to reveal to you how you can attract \$3000 in one day, just like I did a few months ago.

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But first, let me show you the original entry.

Gratitude Journal Entry - 01/02/08



"I am so happy and grateful that I won the Best Trainee Award for the Instructor Preparatory Course. I am so happy and grateful that Lieutenant Sasmianto commented that my presentation is not only inspirational to youths but also to people of other ages."

I said something to myself over and over again to win this award that evoked the Law Of Attraction to work for me on steroids.

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It's something very mature and should be devoted to one whole sub-module but I shall mention the tagline I learnt from Bob Proctor here:

**“Amateurs Compete,
Professionals Create”**

Guess what happened right after that?!

Inspirational Video On Increasing Your Confidence!



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"I am so happy and grateful that my Paul Potts Video has had over 500 views within 24 hours!"

I never expected this to happen although it would be nice to have about 50 views in one day. The magic of gratitude? Definitely!

And if you noticed, the number of views has gone up to **53, 308!** Can you guess what I just did? Write in my Gratitude Journal of course!
winks

Guess What Happened Next?!



"I am so happy and grateful that I attracted the Lenovo Thinkpad X61

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with free broadband (worth over \$3000) and a low price to match all in ONE DAY! Thank You God!"

I've always wanted a laptop but never really thought I could have one so soon (I was saving up and estimated that I'd have enough money to buy one this June) but a promotion appeared out of nowhere and the next thing I knew, I'm typing on this laptop!

Guess what happened a few hours after that?!

I attracted something bigger but I shall stop wow-ing you because I think you get the idea. So, now the question is...

How Do I Write Gratitude Journal Entries That Lead Up To My \$3000 Day?

I like to call such a day a **Gratitude Altitude**.

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It's when you suddenly attract one big thing after another after another and you're just overpouring with gratitude!

Trust me. It's the greatest feeling in the world. It's probably up there with pure love.

So anyways, do all gratitude journal entries always lead up to a Gratitude Altitude?

Of course not, and maybe that's why many people I've come across don't practise this.

You need to understand something.

To Get Gratitude Altitude, You'll Have To Make The Climb

Imagine a mountain.

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To get to the top, what you'll have to do is climb it and although a step might not look like much, it will bring you to the desired altitude eventually.

The same goes with Gratitude Altitude and from my experience, you have to build it up everyday until you reach it.

And when you get to that altitude, it will last for some time before you get down from it. And then, you're building up to the next Gratitude Altitude.

That's the Law of Rhythm at work that states everything has their cycles.

The Gratitude Altitude has been one of my personal secrets to my success simply because it puts me in the same vibrational energy as the Universe and when I reach it, I know that it's when the best creations are made.

The times when I reach Gratitude Altitude are when I am the most productive and usually form the 20% of the things that makes the 80%

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of the difference.

So let me now share with you the 2 paradigms of how to get some Gratitude Altitude for yourself.

#1 : Look At The World With A Fresh Pair of Eyes Everyday

This has probably got to be the #1 way to start getting some Gratitude Altitude.

But first, let me ask you a question.

How do you feel when you wake up everyday?

Do you like the way you feel when you wake up?

I wake up everyday feeling absolutely refreshed and loved!

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Why? Because God has given me a brand new day to live!

The key word here is "brand new".

There is no yesterday or tomorrow, there is only now and now is where I'm living at.

And Here's The Secret...

Look at everything as if you have just been born into this wonderful Universe and have **child-like curiosity and wonder** at everything!

Let me give you an example.

"This is the first time I'm looking at this computer, and I'm so happy and grateful that it's such a wonderful tool to get in touch with you!"

"This is me in the mirror? Wow, I look great! I'm such a beautiful person. I'm so happy and grateful for life!"

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Are you starting to see how powerful this technique really is?

Now, start the day right and use it to write in your Gratitude Journal every morning before you get on with your daily activities.

#2 : Acknowledge The Smallest Victories

What I've learnt over the past few months is that "much gathers more" as Charles F. Haanel once said.

I only started having big victories when I began to acknowledge the small ones.

I used to think, "This is too small... not worth putting in my Gratitude Journal" but after a while I was inspired to acknowledge one of the smallest one at that point in my life.

I still remember it quite vividly.

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"I'm So Happy And Grateful For The 27 Subscribers In My First 3 Months Online'

I've got to be honest with you.

That is a very small subscriber base but the moment I wrote that down in my Gratitude Journal and **truly** became happy and grateful that people wanted to read my work, guess what happened?

I jumped to **107 subscribers** the next month! That's almost a 500% increase!

Isn't that amazing?

I could only get an average of 9 visitors per month before acknowledging it in my Gratitude Journal, and after that I attracted 80 more subscribers in **ONE MONTH!**

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It still blows my mind that it happened.

You can read the original 30 Day GOLD Challenge Results [here](#).

So, start acknowledging the smallest victories my friend.

The smaller, the better because it will only get you some altitude faster.

“Time For Some Inspired Action!”

All right, we have come to that stage again where it's time to take some inspired action.

Here's how you can adapt these two paradigms of mine into yours now:

1) Start Living In The Moment

Like I said earlier, the best way is to have child-like curiosity and wonder as if you've never seen everything.

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And I do mean everything.

From the God-given ability to read this with your eyes and your ability to understand language.

To the people you meet everyday – I know we tend to take the people in our lives that we see everyday for granted.

I admit it. I'm still guilty of this sometimes.

But It Just Goes To Prove One Point...

You have to make an effort to consciously look at the world with this paradigm until it is programmed into your subconscious mind.

2) Start Acknowledging The Small Things That “Don't Matter” In Your Gratitude Journal Today

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As you've learnt from my experience, you can flip something “bad” to something “good” in an instant by being grateful for it.

I want you to sit down right now and acknowledge 10 things that you either always take for granted or some small victory you've had that seems like a failure.

From experience, you might just sit there for about 10-15 minutes before the first one comes to your mind.

And then you'll get the next one a bit faster.

And then you'll get another and another and another and they will come to you increasingly faster.

**This Is Evidence That You're
Gaining Some Gratitude Altitude!**

Do this for the rest of the Inspired Action Coaching Program and see

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how fast you get to your first Gratitude Altitude.

And as I said at the beginning of this program, some of these tools are very simple to use but they are also easy not to use.

Use the tools you learn today and set yourself up to take massive Inspired Action tomorrow!

I'll see you at the top! ;)

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**“SaiF, Thank You So Much For Helping Me
Make My First \$1000 Online And More
Importantly, For Helping Me Receive My
Inspired Million Dollar Idea From The Universe!”**

If you believe that you have information that can change people's lives *or* have always wanted to start an online business *or* have been jumping around from one opportunity to another and not attracting any abundance into your life, *or* never took action on any of your million dollar ideas *or* self-sabotage yourself at the last minute everytime you're about to succeed, then I want YOU!

Hey My Friend,

I figured I should stop being so afraid to market my coaching program especially after yesterday's incident when one of the scholarship winners broke into tears.

I realised that this coaching program truly can change your life, especially if you have the will and determination to be a success online.

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That's all I ask of you in this program.

Below Are The 2 Biggest Problems You Might Have Faced When Trying To Do It All On Your Own:

Problem #1 : If you have been jumping from one opportunity to another and never complete any of your projects to completion, ***this time you will complete it!***

Why? Because I have designed a morning wake up program that has some of the best law of attraction tools I could find that will help you wake up brimming with confidence and the right mindset that you will always complete everything you do!

If that doesn't work, I'm here to push you until you do – me and the other 19 people in our MasterMind that is.

Problem #2 : If you never took action on your million dollar ideas because you don't know how to or you just couldn't get it up and running, ***this time you will take massive Inspired Action!***

Why? Because I have put together everything you need to know about online marketing

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for information businesses in a step-by-step manner. You won't even have any information overload because I have put it in such a way that you don't get the next material until you finish on the one before.

If that doesn't work, I'm here to hold you by the hand and take the next small step and then the next one and the next one, until we reach that \$1000 of yours together!

And the best part I like about online Information Businesses is that you do the work once and you can automate everything else so that your system keeps bringing in that \$1000 over and over and over again without much effort.

And That's Not Even The Best Part About The Inspired Action Coaching Program!

The best part is that I am giving you the exact blueprint of the system I've created from my Inspired Million Dollar Idea!

Actually, that's not even the best part.

The best part is that you can look over my shoulder as I create the system **LIVE** right in

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front of your eyes.

Yes, I don't have this all running up yet and it's for a reason:

I want to show you how to do it in real-time and prove to you that I will make \$1000 or better with this system on my own and you could too!

However, I'll not only prove it to you...

I would also do it **WITH YOU**.

You Can't Buy This Program!

Nope! Nobody can buy his way into this program...

- 1) You need to have a big vision that is **BIGGER THAN YOU!**
- 2) You need to be willing to call people up and talk to them.
- 3) You have to be willing to create videos of yourself.

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4) You need to be able to commit at least 8 hours per day to blogging, creating your information product and implementing the strategies of Inspired Marketing.

5) You will need to be so excited of what you have to offer, I can literally feel your energy bounce off the page!

There's Still One Spot Left If You'd Like To Get An All-Expenses-Paid Scholarship!

Yup! One spot just for you.

Could you attract it into your life, my friend?

Send in your entry and let's find out if you'll be making your first \$1000 three months from now... or better.

[Click here to send in your application form to get the last spot of the Inspired Action Coaching Program now.](#)

You have attracted this into your life. Take Inspired Action now and do something worthy!