

Saiful Rizal's

# Inspired Action Coaching Program

Module **1**

## The Law of Inspired Action

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*“How You Can Effortlessly Replicate The Success of The  
World's Greatest Like Albert Einstein and Leonardo  
Da Vinci By Understanding This Revolutionary Law  
That Almost Nobody Knows About...”*

**“From Procrastination To Your Million Dollar Idea!”**

# The Law of Inspired Action

*“The intellect has little to do on the road to discovery. There comes a leap in consciousness, call it intuition or what you will, and the solution comes to you, and you don't know how or why.”*

**- Albert Einstein**

You've probably heard of Inspired Action.

But chances are that you've never heard it described as a Law before.

And the truth is, neither have I.

But while I was in the shower about a week ago, the Inspiration came to me to write about the Law of Inspired Action and tell it to the world.

*“Wow! Create a law? Me? ME?”*, I remember thinking to myself.

And then something said to me...

***“This Is Bigger Than You.”***

That's all I needed to hear and you'll understand why in a moment.

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You see my friend, prior to that Inspiration almost everything miraculous to me happened because I took Inspired Action.

For instance, when I was answering some E-mails a few months back, out of the blue, a voice said “Start a club” and within 9 hours, the Law of Attraction Inner Circle Coaching Club was born.

Up to date, people who have successfully completed it have attracted magnificent things, people and events into their lives.

People were attracting material things like more money, pay raises and new business opportunities.

They were also attracting equally important intagibles of life like better relationships, love and happines.

And sometimes, they even attracted things for their families – this one really surprised me initially before I understood that we also attract everything that others in our lives have, do or are.

**And Today, They Continue To  
Attract Miracles Into Their Lives Everyday**

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In fact, I just talked to one of these special people and she told me about 3 things she has attracted into her life – and they were HUGE THINGS.

This report's primary purpose isn't to wow you (although it just might) so I won't elaborate about her attractions, but just know that they are things that you might call Miracles.

I think it's amazing how that single unexplainable out-of-the-blue Inspired Action led me to help countless others attract miracles into their lives.

And if you're reading this, chances are you're one of the special people who have been touched by the effects of The Law of Attraction Inner Circle Coaching Club.

And if you're like me, you probably want another example.

So, let me tell you about something that's closer to my heart:

**Recently, I Attracted A  
Special Someone Into My Life**

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And this miracle happened because I was nudged to click on a Featured Profile on a stranger's page!

If you have Facebook, you'd know that the Featured Profiles are randomized and the odds of seeing her profile on a page that I stumbled upon accidentally is probably a million to one.

And once again, this miracle happened because of an unexplainable out-of-the-blue nudge.

## **Are You Starting To See How Powerful The Law of Inspired Action Is?**

I know you want to go out there and take Inspired Action right away but hold on to your horses, my friend.

Taking Inspired Action is certainly what you want to do but the first questions that should come to your mind are:

- 1) What is The Law of an Inspired Action?
- 2) How do I receive an Inspiration?

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3) How do I recognize an Inspiration from an Ego-sanction?

And if you're really forward-thinking, you might be asking yourself:

4) How do I lead an Inspired Life?

And if you asked that last question, you already see how leading a life of Inspired Action will bring you success effortlessly, **fast**.

Questions 2, 3 and 4 will be answered throughout the course of this program along with other questions you might have.

But more importantly, I have designed this program in such a way that you'll be leading an Inspired Life by the end of it.

Leading an Inspired Life is how you will attract and benefit from your attractions fast, sometimes almost immediately.

Leading an Inspired Life is how you will effortlessly attract and create abundance for yourself on a daily basis.

Leading an Inspired Life is how you will experience happiness like never before and wake up every morning sincerely thanking God /

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Universe for another day on this Earth.

Leading an Inspired Life is how you will affect millions of lives while doing what you love.

Leading an Inspired Life is how you will make the world a better place than it already is.

## Leading An Inspired Life... That Is The Ultimate Goal of This Program!

And it all begins with discovering your Million Dollar Idea.

*"Why go for money when this is something so spiritual?"*, you might ask.

You see, the Million Dollar Idea is not about money at all.

It is a Million Dollar **Idea** and that idea represents something bigger and more profound than just money.

Your Million Dollar Idea won't come if you look on the outside to receive it – no, it won't even come from me.

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## **It Will Come From You!**

I am only a guide to show you how to do it.

It will come from you learning how to tap into The Universal Intelligence and when you do receive your Million Dollar Idea, you will realize that everything you desire from that point onwards will come to you effortlessly.

Why? Because, let's admit it...

For most of us, creating a million dollars out of thin air really sounds like something inconceivable.

And when you do receive that Million Dollar Idea, it would have signified your breaking through what I call the Dam of Abundance

## **Imagine A Dam That Is As Vast As The Wall of China.**

Everything that you want is on the other side of that Dam – money,

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quality relationships, happiness, health and love.

And all this abundance comes from a constantly flowing Source.

Now imagine what will happen if you are able to shoot a cannon ball into that Dam and break just a small part of it.

You can just imagine how the pressure built up over the years in that Dam will begin **gushing** and **rushing** Abundance into your life the moment you break it.

That's how I felt the moment I received my Million Dollar Idea.

And that, my friend is the profundity of the Million Dollar Idea!

It's not about money at all. It's about wealth – the ability to create money, health, relationships, happiness and love **at will**.

**But Let's Not Get  
Ahead of Ourselves, Shall We?**

For now, it is time for you to fully understand the Law of Inspired

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Action.

Remember how I told you at the start of this report how you've probably never heard of Inspired Action described as a Law before?

I'm not only going to reveal to you Inspired Action as a Law, I will also reveal it to you in a way you've never heard it before!

## **So, What Is The Law of Inspired Action?**

The Law of Inspired Action states that the Universe is sending us Inspiration all the time and if we take action immediately, we will not only create abundance for The Whole (community), we will also create abundance for ourselves.

Just like how the Law of Attraction has some principles like focussing on what you want instead of what you don't want, the Law of Inspired Action has its own principles – only two important ones, in fact.

### **# 1 : Take Action Immediately!**

I believe the Universe's plans run like clock-work and one of the ways

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that these grand plans through which the Universe creates abundance in the world is through people, I'd like to call The Transmuters.

Let me explain.

Have you ever had an idea that just blew your mind?

And then you thought to yourself, "Wow! If I can carry this out, I'll probably get rich overnight!"

Or maybe you said to yourself, "Wow! This sounds like something totally genius and revolutionary!"

And then you start to realize that this is crazy!

"The idea's certainly revolutionary and I'm sure someone else has thought of it," you say to yourself and you get on with your life.

A few months later, you see someone materialize "your" idea and become an "overnight success".

**Hmmm... Does That Sound Familiar?**

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You see, I believe that the Universe is abundant and It will Inspire a few people with the same ideas at the same time.

90% of these Inspired people will probably dismiss these ideas.

Another 8% - 9% will probably give it up halfway, leaving the 1% - 2% i.e. The Transmuters to reap the sow of the harvest.

Now then, is it any wonder why 2% of the population earns about 96% of the total world's income?

Yes, this people understand the Law of Attraction but they also subconsciously understand the Law of Inspired Action.

I once heard at a seminar that they did a survey across the most successful people in the world and the most common trait was the speed of implementation.

And as I mix with increasingly more successful people, I'm beginning to notice it for myself and have deliberately made this a habit – and so should you.

Today, every time I get an Inspiration, I immediately stop everything

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I'm doing and take Inspired Action – and so should you.

## # 2 : An Inspired Action Should Feel Like Unwrapping Birthday Presents

When I take Inspired Action, it feels exactly like I'm unwrapping birthday presents.

Let me explain.

How do you feel when someone gives you a birthday present?

Aren't you curious to know what it is?

Aren't you excited to know what the person got you?

***Of course you are!***

Taking Inspired Action feels just like that.

You don't really know what surprise you are going to get but you know that it's going to surprise you nonetheless and make you happy and

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grateful – that was the intention of the birthday present in the first place!

After taking massive Inspired Action over the past few months, I can tell you for a fact that an Inspired Action **will** surprise you!

## Here's An Obvious Example :

Idea for my first book, Secrets of the Overachievers => Idea for my personal development video blog, SaiF Improvement => Idea for the Law of Attraction Inner Circle Coaching Club => Idea for the Law of Attraction Steroids Home Study Course => Idea for a group of companies called Inspired Action Companies => Million dollar Idea => Idea for the Inspired Action Coaching Program => Idea for the Law of Inspired Action

As you can see, my very first Inspiration led to me writing my book and each Inspired Action I took after that was an unwrapping of a bigger present.

***Think of the Universe as the gift that keeps on giving.***

It will keep giving to you present after present to unwrap and finally it

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will give you the biggest one to unwrap.

It's almost like when you were little and your parents set out all the birthday presents you received in front of you to unwrap.

But there's always that one birthday present that stood out among the rest, and it's the last one you'll get to unwrap.

From now on, we shall refer to this as The Gift.

## **Each Inspired Action Will Lead You Closer To The Gift!**

And if you look at the string of Inspired Actions I took, you can infer that each present is getting bigger and bigger.

So The Gift has got to be something magnificent!

I have no idea what the Universe has in store me, but I know that it's going to be something really, really, really BIG!

And that really excites me so I unwrap each present happily because I

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know that each present I unwrap will bring me closer to The Gift!

So, if someone were to look from the outside, it would seem like you're doing a lot of work – and the turth is you are.

But because you're in this state of excitement and child-like curiosity to unwrap the presents before you to get to The Gift, the actions you take are fun!

Moreover, every present you unwrap is another surprise, and each one is getting bigger and better and you still have so many more!

Thus, although you're doing more work as you go along, it's fun, exciting and easy!

That's how taking Inspired Action feels like and...

**As With Everything Profound,  
The Law of Inspired Action Is Simple!**

It requires only two things of you :

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- 1) To be in tune with the Universe so as to receive Inspiration.
- 2) To take action on the Inspiration as it comes as quickly as possible, **until** something Creative (*defined as something that creates abundance for The Whole*) is bridged from the Thought World to the Physical World.

Sounds simple enough, doesn't it?

Yes, but simple doesn't necessarily mean easy, as I found out.

Now, let's explore this a little further...

## The Two Main Problems People Have With Taking Inspired Action

- 1) Not being in tune with the Universe and choosing to have goals and intentions instead.**

Don't get me wrong.

Goals and intentions get you from where you are to where you want to

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be.

However, these goals and intentions comes from an Individual Mind, not a Universal One (where Inspiration comes from) and a person who chooses this path will face two problems:

(i) The individual finds the journey **tremendously hard**. His journey is ridden with fear, doubt, worry, procrastination and other forms of resistance.

(ii) The individual finds that when he reaches his “intended” destination, he is **unfulfilled and realizes that it isn't what he wants**.

## Let's Take A Closer Look ...

(i) This journey leaves more victims than victors.

More people choose to give up than those who choose to trudge along and “brave” the winds.

Some of those who fall again and again choose to persistently get up and go against the current. Many will give up and decide that success is too hard while those who “succeed” find themselves at (ii)

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(ii) He who manages to climb this seemingly insurmountable mountain will definitely find that it isn't what he wants!

His journey of trials and tribulations were signs that he was off-course and that he **wasn't in alignment with his true purpose.**

If only had he gone **with the current** and followed those who were going down The Stream happily, would he realize that the delicious fruits aren't where The Stream begins but where it ends.

More on The Stream in a second, but for now...

## Is Success And Abundance Really Supposed To Be That Difficult?

I don't think so.

Just ask the wealthiest and happiest people on Earth and you would get the answer.

They'd either tell you to “do what you love to do” or “do what you're good at”, both of which are indirectly saying go with **your** flow.

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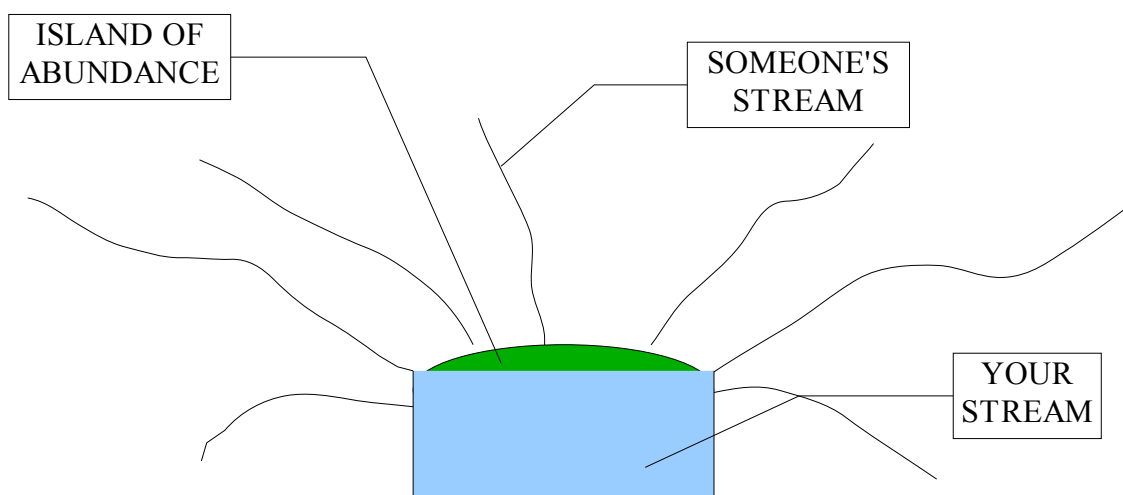
Notice that I didn't say go with the flow.

I said go with **your** flow and I really want you to get this so...

## Let's Explore The Streams

### Together, Shall We?

Imagine different streams from everywhere, converging and water-falling into what I'd like to call the Island of Abundance where the sweetest fruits are and the people are delightfully cheeful.



These streams come from different places but they all lead to the Island of Abundance.

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I'd like to think of these Streams as having their own flow.

And when I saw flow, I mean it in the way Oprah Winfrey did when she said...

**"Your True Passion Should Feel  
Like Breathing; It's That Natural."**

We as people with what I'd like to call our Inner Flows, ride on the Streams that we were born to ride on.

And even though these Streams have their own Flows, they all converge and water-fall into the Island of Abundance.

However, as we grow up we tend to concur with societal expectations and dismiss our Inner Flows and suddenly, the kid who loved to skateboard became the accountant because he didn't think it was a viable "occupation" that would lead to abundance.

But we both know that there are also multi-millionaire skate-boarders like Tony Hawk, which proves that **every stream will lead to the Island of Abundance - no exceptions.**

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## Which Leads Me To The Second Problem...

### **2) Instead of taking Inspired Action we end up taking Instilled Action!**

In my Collins Cobuild dictionary, this is what “instill” means :

*“if you instill an idea or feeling into someone, you make them think it or feel it.”*

So, an Instilled Action would come to mean something that was done because it was programmed into you.

Let me give you an example of this at work:

About four months ago, I went to play a game of street-soccer on a Friday night.

I was exhausted after work and something told me to cancel it off but I had already made plans and I didn't want to cancel it.

About 3 hours later, I was in the hospital due to the tear of my right Achilles Tendon.

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Now, why in the world didn't I listen to that Inspiration?

Maybe I didn't want to disappoint my uncle.

But why would he be disappointed that I couldn't make it?

I don't know. Now that I come to think of it, that was a silly reason.

So, this is an example of an Instilled Action – acting by default.

And this is another problem you'll face when you start receiving your initial Inspiration.

You receive it, but you do not trust it and you block it with your own beliefs, so no action is taken based on that Inspiration and as a result, you reap no harvest.

And in my case, I suffered a great deal. Yikes!

I wouldn't want that to happen to you, which is why over the course of this program I will give you the tools necessary for you to get in touch with the Universal Intelligence within your subconscious mind.

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After which, you will begin to learn how to tap into this Universal Mind to discover **your** stream to the Island of Abundance.

And you remember the second problem of taking Instilled Action instead of Inspired Action?

We will eradicate the past programming that does not serve you and install new paradigms which will easily lead you to take Inspired Action.

And as I've learnt, changing your paradigm is one of the most if not the most important step towards leading an Inspired Life.

We will do it together and I'm here for you to take you every step of the way until you lead an Inspired Life and...

**When Your Design Becomes Your Default,  
You Will Have Reached The Island of Abundance!**

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An **Inspired** Message

*from Saiful Rizal*

**Hey my friend!**

Thank you for reading this report and as you can see, this fraction comes from Module One of my Inspired Action Coaching Program.

Because this is just part of the module, it only explains the fundamentals of the Law of Inspired Action and does not go into the details.

So, I want to give you a tool that you can use **right now** to help you get in touch with the Universal Mind and truly understand your flow.

So here we go!

**Step One : The Set-up.**

Begin by either lying on a spot free of obstructions where you can fully spread your arms and legs out and relax.

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If you prefer to sit, find a comfortable chair and sit up-right

## **Step Two : The Breathing**

Understand that your life and energy comes from breathing and in order to get in touch with the Universal Mind, you have to get into the rhythm of things.

I learnt this from Dr Joe Vitale's Beyond Manifestation Weekend CD's and it's very effective.

Begin by inhaling 7 counts.

Then hold your breath for 7 counts.

And then release it for 7 counts.

Now complete this cycle 7 times.

Take your time and just relax.

After a while your body will slowly get into the rhythm of things and it will be subconsciously handled.

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## Step 3 : Silence The Thoughts

Begin by counting your breaths in your head.

But after a while (*it happens on the forth or fifth cycle for me*) there should be a rhythm and it is time for you to let go of the counting.

There should be complete silence.

You will find that when you get to The Silence, random thoughts might fire off every now and then, especially if you're doing this for the first time.

Let them go.

## Step 4 : Be In The Silence For As Long As You Can

When you awake from this, you will feel refreshed and energized because you have just reconnected with your Source.

## Bonus Step : Look For Inspiration

Once you've gone into The Silence for long enough, sometimes special

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thoughts will come into your mind.

These thoughts are not from you.

They are **for you**.

And somehow you just know that these thoughts aren't yours.

Make a mental note of what you saw, heard or thought.

And when you come out of The Silence, take Inspired Action!

**P.S. Sometimes, Inspiration might come to you just after you come out of the Silence. So, when you first come out of it, do it slowly and be quiet and still for a few seconds. It might make all the difference in the world.**

**P.P.S. Everything you do in this process is to be done reverently i.e. with great respect – you are being one with the Universal Mind.**

This exercise is once again, simple but not easy.

It will take some time for you to be able to silence every thought that

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comes into your mind during this meditation process.

Patently practise it until you are able to go into The Silence.

**Trust me on this one... It's worth it.**

And with that, I sincerely hope that I'll see you in my Inspired Action Coaching Program.

By the end of the program, 20 people will have their Million Dollar Ideas just like I do now, and I would love for that person to be you.

**I love you, my friend.**

Thank you for your time and once again, I love you. =)

**To Constant & Never-Ending Improvement,**

**SaiF**

Inspired  
Action

*Think Big. Believe. Give. Receive.*